

(4)  
muscles and the spine, creating flexibility and ease of motion. On the emotional side, yoga is a great stress reducer. It balances the body, mind, spirit giving you a feeling of ease and peace.

Yoga is a series of stretches that is designed to open the body and lengthen the spine. The stretches focus on very specific places like the neck, back, hips, legs and spine. While stretching, the focus is on the actions. The effects of yoga are amazing. In a few minutes one feels more open, peaceful, energetic and stress free. Rest of the day is more focused and easy.

1. What are the benefits of yoga?
2. What are the effects of yoga?
3. What has yoga offered to people, for ages?
4. What benefits does yoga has on the physical and emotional side?
5. What is yoga in brief ?

**Section - 'C'**

Q.1(a) Write a letter to the Registrar of your university requesting him to issue eligibility certificate. (5)

**OR**

Write an application to the Principal of your college requesting him to grant five day leave to attend your sister's wedding.

(b) Write a letter to your younger brother telling him about what in Indian culture has already perished. (5)

**OR**

Write a letter to your father, who wants to know the progress in your studies.

Q.3 Write a paragraph of about 150 words on any two of the following topics : (10)

- (i) Advantages of having green trees around us
- (ii) Regionalism in India
- (iii) Indian architecture
- (iv) Fusion of cultures in Indian art
- (v) The Hindu Trinity.

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Roll No.....

Total No. of Sections : 03

Total No. of Printed Pages : 04

**FOUNDATION COURSE**  
**Paper-II**  
**ENGLISH LANGUAGE**

Max.Marks : 75

Time : 3 Hrs.

Min.Marks : 26

**Note :** The paper is divided in to three section A, B and C. Section A (a) consists of questions based on grammar. (b) consists of vocabulary. Section 'B' consists of short answer type questions and Section 'C' consists of long answer type questions.

**Section - 'A'**

Q.1 (a) Do as directed (**any twenty**) : (20)

Add 'a', 'an', 'some' or 'the' where necessary :

1. Fish swims in water.
2. Cat has tail.
3. Coffee is drink.
4. ....birds can fly very high in .....sky.

Fill in the blanks with the **proper forms** of verbs given in the brackets :

5. My brother.....a novel now. (read)
6. These boys.....about their food. (always complain)

Put the verb in **past indefinite** form:

7. I meet him on Monday.
8. The play begins at 9.00 .

Put the verb in the bracket in '**be going to**' form :

9. If you don't hurry you (miss) your train.
10. I (stay)here for some more weeks.

**P.T.O.**

Add 'Some' or 'any' as required :<sup>(2)</sup>

11. Can you give me.....more information?
12. There isn't.....milk in the pot.

Supply 'too' or 'very' to complete the sentences :

13. Don't eat.....many of these jamuns.
14. I am.....busy to see you today.

Complete the following sentences using 'should' or 'must' :

15. ....the students eat groundnuts in the class?
16. We.....wait until the traffic light changes to green.

Rewrite the following in **Reported Speech** :

17. He said, "Thank You!"
18. He said, "Where is he going?"

Change the **voice** :

19. Someone is following us.
20. Monalisa was painted by Leonardo.
21. Somebody has stolen my book.

Insert **prepositions** where necessary :

22. I am going.....home.....saturday.
23. He told lies.....the police.

Fill in the blanks with possessives or 'self' forms.

24. I cut.....with the razor this morning.
25. Have we to do it all by.....?
26. Their friends soon went away and they were left to..... :

**Combine the following sentences** :

27. (a) The Parthians made India their home.  
(b) The Kushans made India their home.
28. (a) The Hindu trinity includes Brahma.  
(b) It includes Vishnu.  
(c) It includes Mahesh.

Replace the underlined words with a **gerund construction** :

29. He hates to write letters.
30. Do you mind if I close the window?  
(b) (i) Give antonyms of the following words : (any Five) (5)  
unity, excel, protect, high, human, perfection,  
many, creative

(3)

(ii) Match the words in list A with their meaning in list B

A	B	(5)
zenith	To try very hard to achieve something	
abjure	Severely damaged	
strive	give up	
marvel	the highest point	
ruined	feel surprised	

**Section - 'B'**

Q.2(a) Answer any five of the following short-answer-type questions with word limit 150-200 : (3×5=15)

1. To whom is the poem 'Where the Mind is without fear' addressed?
2. What did the tribes and races that made India their home bring with them?
3. Who is said to have conquered Ceylon first?
4. Who wrote the Ramcharitmanas?
5. On which date did the Dandi salt March commence?
6. Which country has the best system of education and health in the world?
7. How many duties are enumerated in the Indian constitution?
8. In what will Ghalib's distress end?
9. Why did the prince have to pardon the detective?
10. How do the trees sing?

Q.2(b) Read the following passage and answer the questions that follow:

(10)

Like meditation, Yoga is an extremely popular and effective method for becoming a more relaxed and easy going person. For ages yoga has been used to clear and free the mind, giving people the feel to ease and tranquility. It is easy to do, takes only a few minutes a day what more, people virtually of any age and fitness can participate and achieve progress and comfort.

Although yoga is physical in nature, its benefits are both physical and emotional. On the physical side it strengthens the

**P.T.O.**